

GRAMA SUYARAJ

No.666,6th Cross, Shanmugha Nagar, Uyyakondan Thirumalai, Trichy,
Tamilnadu 620 102

ANNUAL REPORT- 2024-2025

Background of the Organization:

Grama Suyaraj is a Non-Governmental Organization working for the development of rural poor in the remote areas since 1987. It was promoted by a group of social activists with the mission of “empowering and developing socially marginalized, economically backward and physically in able community” in rural area. Since its inception we selected the target area in the backward Districts of Pudukkottai and Ramanathapuram and later Tiruchy,Dindugal, Sivagangai, Namakkal in Tamilnadu State.

Vision:

Grama Suyaraj, the name has got significance because it was something, which Gandhi wanted for each and every village to be an autonomous body to govern by themselves in all spheres.

Objective:

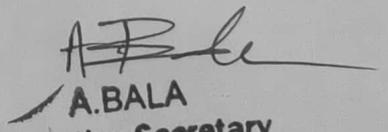
Grama Suyaraj has an objective of increasing the quality life of people through implementing various activities to enable the villages to become self-sufficient and independent.

Activities

To find out the need and problems of the people a survey (Participatory Rural Appraisal – PRA) was made to collect the information. On this basis the following activities are to be undertaken by the Organization.

Awareness Education

Awareness education is the key to development of People. We have continued with regular training programme in various aspects of life to improving their life of people with self-dignity and self-confidence.


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Executive Secretary
Grama Suyaraj

Care for the Elders:

It is said that in certain aspects Elders resemble children and need as much care as possible, But unfortunately, the Elders are not cared properly. A Home for Aged was supported by the Ministry of Social Justice and Empowerment and some economic activities for Elders are trying their best to bestow proper care for Aged with the help of Donors. They were taken on a tour to Tiruchy Rock Fort Temple, Kallanai, Mukkumbu etc.

Home for the Aged:

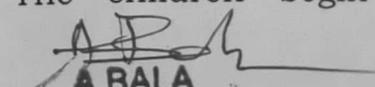
Twenty five Elders are provided accommodation, food, clothing, recreation and medical care in the Home for the Aged at Kulathur in an atmosphere on understanding, love and affection. In reciprocation, the elders contribute their mite by way of cleaning the premises, assisting the cook, cleaning the utensils, maintaining the kitchen garden etc. This Home was situated in Kulathur village, Pudukkottai District, Tamilnadu State. In and around 45 villages were covered by this scheme. Mostly the destitute, below the poverty members, orphans, scheduled caste members and windows are the beneficiaries of the project.

a) Health, Hygiene and Nutrition education:.

Health meetings are organized among the village communities every fortnight of the month, important messages on health and hygiene like Protection of water sources and drinking water, waste disposal, personal hygiene, importance of nutrition, and how to prepare the healthy foods, garbage disposal were discussed. Songs, plays, charts, posters, games (including snakes and ladders, jig-saw puzzle) were used to pass on the messages effectively.

Counselling

The animator visits the target area to meet the Elders and their family members. She established good rapport with these older people through counselling, after proper counselling there exists better understanding between the Elders and their family members. The children begin


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extend required care and attention to the Elders and accepts given by their view and thoughts. The elders are also happy towards the love, affection and respect given their children, grandchildren and other relatives

Capacity building

One group had been given training to capacity building at Kulathue village, 20 members were participated in the training. They were motivated by the regular savings from the savings fund who are the dire need to help sick in the family members or the education of the grand children etc. In the long run these group have ensured sustainability and so even after Grama Suyarj's withdrawn, they will continue to function on their own.

Economic development.

It has been ensured among the Elders Self Help Groups through this loan scheme. Some of the Elders got loan for their economic development like rearing cows, goats, thatches weaving, chicken rearing and vegetable vending etc. By the way of economic development self-confidence and self-reliance has been built up among them. The group solidarity and the finance in the groups enhance the prestige and social status of the poor in rural society.

Rights and Responsibilities of Elders:

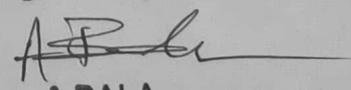
Elders self Help Groups felt that there is need to create awareness on rights and responsibilities among the Elders. Grama Suyaraj conducted the two day camp on September 10th 2024 at Kulathur village 73 Elders

were participated in this camp. From that 31 are males 42 are females. Village President, Government Officials are participated in the camp and created awareness on rights and responsibilities. _They are suggested to procure the Government schemes for the Elders. Lunch have provided to the participants.

As a result 18 elders are applied the Old Age Pension scheme among that 6 are male 12 are female. It is processing by the Government officials.

Celebrations:

We celebrated the National festivals like Independence Day, Republic Day. During these days we hoisted the National Flag and we give respect those who


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have worked hard to get Independence of our Nation. We conducted games to children and Elders. At the end we distributed prizes who win the games. All of them were enjoyed lot. The Elders who are young at that time they recall and spelt out the messages to the young.

World Elders Day:

3rd October 2024 we celebrated the World Elders Day at Kulathur Sellam Nagar. Elders were participated. During this Day local officials-were participated like Lions Club Member of Mr.O.S. Venkadachalam, Rtd. Teacher, Keeranur, Dr. Ramamoorthi, Govt. Doctor, Keeranur, Mrs Amutha Headmistress, High School, Kulathur,.

They gave valuable speech to the elders regarding health and hygiene, Nutrition, environment and their rights and responsibilities, abuse and crime etc. Senior citizens gained information on the various age care schemes implemented by the State and Central Government.

The District official's viz. District Social Welfare Officer, Superintendent, Protection Officer of District Social Welfare Office Pudukkottai was facilitated during this day. The District officer distributed towels to 25 Elders. Grama Suyaraj sponsor Dhoth's, towels and Saree's to 25 Elders During the festival of Deepavali Mr. Rengaraj from Parapatty Village distributed Dhothi's Shirts and sarees to the 25 elders

Conclusion:

During this year we have had minimum programmes because of lesser amount of budget in the financial year. We are expected more and more funds for the programmes for the coming financial year. We thank all who have helped to develop the organization activities and achievements. We are very grateful to the members, staff, villagers, government and foreign officials.



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